

A Family Walk is designed for fun, fitness, and family. It is a walk along a pre-marked route. It is non-competitive and not timed. You may walk for free. All are welcome.

**Procedures:** Walk, jog, or run at your own pace.

**Disclaimer:** Participants do so at their own risk. The sponsor will make every reasonable effort to make the events safe and enjoyable for all. However, the sponsors and organizers cannot be held responsible for any lost or stolen articles, accidents, or injury of any kind at any time.

**Start Location:** Cardiff-By-The-Sea Library  
2081 Newcastle Avenue  
Cardiff-By-The-Sea, CA 92007

Ask a person behind the main desk for the “Walking Box.”

Cardiff Branch Hours						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
9:30-6	9:30-6	9:30-8	9:30-8	9:30-5	9:30-5	CLOSED

**Trail Description:**

The 10K (6 mile) walk is rated a 1.5 out of 5. It will be on city streets and on paved park trails. Strollers and wagons ok, but wheelchairs would be difficult due to some dirt trails and some hills.

The 5K (3 mile) walk is rated a 1 out of 5. It will be on city streets and on paved park trails. Strollers and wagons ok, but wheelchairs would be difficult due to some hills.

Pets are OK on a leash with cleanup.

The walk is available daily.

We request that you walk from dawn to dusk only.

Information on other walks sponsored by the San Diego County Rockhoppers can be found at the club's web site:  
**[www.sandiegorockhoppers.com](http://www.sandiegorockhoppers.com)**

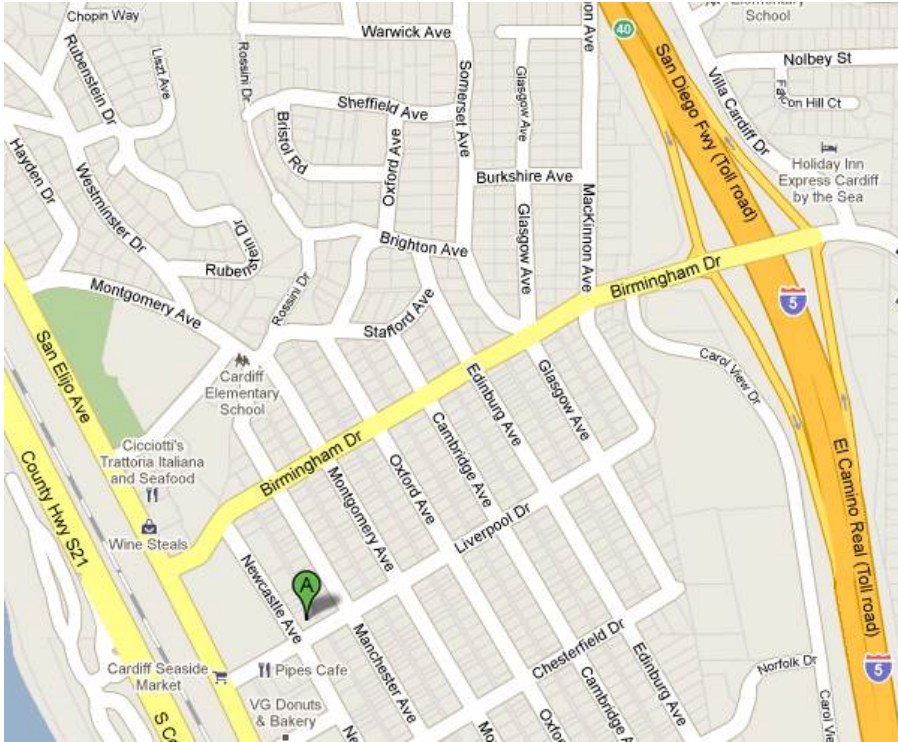
**Miscellaneous:** Water and rest rooms are available at the midpoint of the walk in San Elijo State Beach Park

**Special thanks** to the administrative staff of the **Cardiff-By-The-Sea Library** for their cooperation in making this year-round walk possible.



Directions: From I-5

From the north or south, exit at Birmingham Drive and head west (towards the ocean) for ½ mile. Turn left on Newcastle Avenue. The library is on the left just past the Post Office. Parking is available in the library parking lot, or on Newcastle Avenue.



# Year-Round Family Walk Cadiff-By-The-Sea Library Cardiff-By-The-Sea, CA 10K (6 miles) & 5K (3 miles)



Sponsored by the  
**San Diego County Library  
Association**  
and the  
**San Diego County Rockhoppers  
Walking Club**